



**Unlock Life-Changing, Enlightening,  
and Empowering Information in This  
Free Reading with Intuitive Psychic  
Mary Osborne**

An aura is described as an electromagnetic field that surrounds a person's body and is associated with their energy—and while it can actually be \*seen\* by certain people, it can be \*felt\* by everyone. (Getting your aura read is basically the OG version of a vibe check.) Auras can be contagious, which is why you start to feel extra happy if you're around someone who's a positive, optimistic person and why you feel super freaking drained when you're around someone who's a total bummer.

You've probably heard of auras already (don't worry, we'll define them in a sec just in case you haven't). And you probs also know there are actual people out there who can read your aura for you and tell you all about it (again, we'll explain). You might have even gotten your aura photographed and seen that your aura is blue or red or green.

Okay, you know what an aura is, but do you know how it all works?! Keep reading. Basically, it's like an IRL personality test that you don't actually have to take (!): huge win for everyone. Allow us to change your life with everything you need to know about [aura readings](#) and how they work.

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**Every aura color means something different.**

While there are different layers and colors to each person's aura that all mean different things, most people have one

predominant aura color. Your aura can change, though, depending on your state of mind. Like, if you're experiencing a drastic mood change due to your horrible boss or even more horrible boyfriend, your aura will likely reflect that. And other things like physical and emotional trauma or illnesses can also [change your aura](#).

Your aura will also change as you go through life and change as a person. Some people like to get their auras photographed every year as a way to celebrate and track how they've changed as a person. Um, sign me up!

### **Multi Colored auras**

Although most people's aura is mostly one color, some have a mix of colors—and, rarely, even a rainbow. If your aura is a blend of colors, think of it as a blend of personality traits—like if your aura is red and magenta, you're likely confident, passionate, independent, and creative. Rainbow auras, on the other hand, indicate someone who's ~enlightened~.

### **Are there "good" and "bad" auras?**

Well, yes. There's good and bad of everything, amirite? Each aura color by itself is generally positive, but the different shades of a color can indicate a negative energy. Like, dark green can indicate jealousy, but emerald green can indicate that a person centers their life around love. In particular, a muddy or foggy aura can indicate exhaustion, lack of confidence, and a need for rest and self-care.

### **So how does an aura reading work?**

Before calling or meeting with a client, Serena meditates for 15 to 30 minutes and asks ["spirit"](#) to show her the client's aura.

She then connects with the client either in person or over the phone (Serena says she can “tap into” a person’s energy simply through their voice), which is when she discovers the shades and textures of their aura.

“We start with the overall color and I give them the meaning,” she says. “At the end, I give them methods to keep their aura clean and answer any questions.”

Of course, there’s also aura photography—which is basically a more vibe-y version of a Polaroid camera that’s supposed to capture your aura in a blurred image of various colors—but Serena sticks to the old-fashioned way.

### **Okay, but what are the benefits?**

[Aura readings](#) can help you keep your \*own\* feels in check. There may be a negative energy you’re giving off that you weren’t even aware of—or you could be allowing others’ energies to affect you more than you even realize.

And who knows, you might have to start specifying your aura color on dating apps. These electromagnetic fields may just be the new zodiac signs.



# **An Aura Reading Can Tell You Exactly** **What Vibes You're Giving Off**